



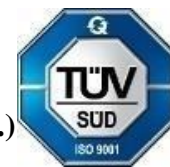
MADANAPALLE INSTITUTE OF TECHNOLOGY & SCIENCE

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A Report on "Nurturing Minds, Empowering Futures"
Organized by Department of CSE-Artificial Intelligence

In association with
Women Empowerment Cell and IEEE-RAS Student Chapter
on 06.08.2025

MADANAPALLE INSTITUTE OF TECHNOLOGY & SCIENCE
DEEMED TO BE UNIVERSITY
(Declared under section 3 of UGC Act, 1956 by Govt. of India - MoE)
Madanapalle - 517325, Annamaya Dist., Andhra Pradesh, India

One Day Workshop
on
"Nurturing Minds, Empowering Futures"
Organized by
Department of Computer Science & Engineering (Artificial Intelligence)
in association with Women Empowerment Cell and IEEE- RAS Student Chapter

Date : 06-08-2025 **Time : 10:00 AM** **Venue : Seminar Hall - D**

Resource Person
Dr. Annama Reddy Chamundeswari
Doctor of Philosophy and Psychology,
Student Counsellor at SRMIST, Ramapuram

Chief Patron
Dr. N. Vijaya Bhaskar Choudary
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Dr. K. Chokkanathan
HoD (Dept. of CAI)

Coordinators
Mrs. R. Dhanalakshmi Asst.Prof. Dept. of CAI
Mr. K. Mahammad Asst.Prof. Dept. of CAI

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Report Submitted by: Mrs. R. Dhanalakshmi, Assistant Professor, Department of CSE-Artificial Intelligence.

Resource Person Details: Dr. Annama Reddy Chamundeswari, Doctor of Philosophy and Psychology, Student Counsellor at SRMIST, Ramapuram.

Venue: Seminar Hall - D

Date and Time: 06.08.2025, 10:00 A.M to 12:00 P.M

Participants: II year girl students (168 students)

Mode of Conduct: Offline

Report Received on 12.08.2025.

The event started with a warm welcome to all the guests. The emcee greeted the audience, which included special guests, faculty members, and students. Everyone was excited and looking forward to the program.

Dr. K. Chokkanathan, Head of the Department of Artificial Intelligence, gave the **Welcome Address**. Then, the **Presidential Address** was given by **Dr. P. Ramanathan**, Vice Principal (Academics), whose speech was inspiring and thoughtful.



The **Chief Guest**, **Dr. Annama Reddy Chamundeshwari**, who holds a doctorate in philosophy and psychology, was introduced by **Mrs. R. Dhanalakshmi**, Assistant Professor in the Department of Artificial Intelligence. Dr. Chamundeshwari was honored with a memento as a token of appreciation for attending the event.



Keynote Address Highlights:

Dr. Chamundeshwari gave a powerful and motivating speech focused on important topics like **mental health, stress management, discipline, respect, hygiene, and women empowerment**.

Some key points from her talk:

- She gave a **simple explanation of women empowerment**, and spoke about the role of education in helping women grow and succeed.
- She said that to **empower someone's mind**, we should give them proper education, information, and the ability to think clearly and make good choices.
- She asked students a question: **"What makes you happy?"**
- Some of the answers shared were:
- Good health
- Strong friendships
- Achieving goals
- Feeling thankful
- Positive family and social relationships
- Staying away from negative or toxic people
- Learning self-defense
- She also shared stories from her own life, especially her struggles as a teenager, which inspired the students.
- She explained that good health and wealth are the basic steps towards empowerment and talked about the importance of personal hygiene and reproductive health.
- She said that discipline is very important to succeed in studies, career, and personal life.
- Respect, she said, means treating everyone kindly and understanding that everyone has value, no matter their background.
- She spoke in detail about how to manage stress, using simple methods like:
- Planning your time well
- Doing physical activities
- Practicing relaxation techniques
- Asking for help when needed
- She also shared the story of Jhansi Lakshmi Bai to inspire students to be strong and confident.
- Her speech was full of energy, and students found it very encouraging and helpful.

At the end of the session, she interacted with the students and collected their feedback. She was very happy with the responses and advised them to be mature and responsible.



The event ended with a heartfelt **Vote of Thanks** by **Mrs. R. Dhanalakshmi**, who thanked all the guests, organizers, the speaker, and the students for making the event successful.

Outcomes of the Event:

- **Self-Confidence:** Believing in yourself and your abilities to achieve your goals.
- **Discipline:** Following rules, staying focused, and keeping good habits even when it's hard.
- **Respect:** Treating others politely, understanding their feelings, and valuing their opinions.
- **Self-Motivation:** Encouraging yourself to keep trying, stay positive, and work hard.

